

Resource Packet for PreK-1st Grade Students Organized by Teach Plus Teachers



As students and families work in partnership with teachers to navigate an environment of distance and hybrid learning, Teach Plus teachers worked together to organize a printable packet to support students. This document is intended to serve as a quick resource of basic information that supports larger learning goals. The information in this packet is ideal for students in PreK, kindergarten, and first grade. This packet should not replace any guide/resource/tool given by your child's teacher/school, but is an additional resource organized into the following parts:

Part 1: Setting Up a Learning Space at Home:

This section will share ideas for creating a learning space and schedule that will work for young learners.

Part 2: Reading Resources:

This section includes language arts academic vocabulary words that your child's teacher may use during instruction, activities, and assessment, as well as sight words and book titles that are more appealing to younger students.

Part 3: Math Resources:

This section includes math academic vocabulary words that your child's teacher may use during instruction, activities, and assessments, as well as a 100-number chart and other visual hints.

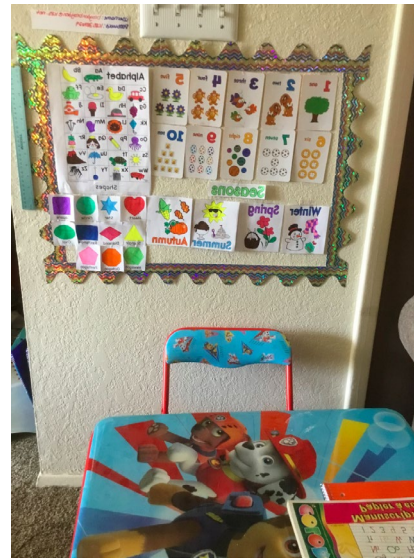
Part 4: Brain Break Ideas:

This section gives quick and simple ideas for activities that are fun, engaging, and will give your child a break from online learning.

Part 5: Additional Resources:

This section will provide contact information and links for COVID-19, mental health support, free educational resources, and more.





Create a Workspace

- + Choose one spot that will be your school space.
- + Have all your materials and supplies ready for use.
- + Make sure it is quiet, or use noise-cancelling headphones.
- + Avoid busy household areas that may cause distraction. (Not by the TV or game system.)
- + Make sure it is well lit.

Creating an At-Home School Schedule:

1. Make a list of the work your child CAN complete for school each day and what they must do (i.e. literacy, math, science, etc.).
2. Identify whole-body movement breaks your child enjoys.
3. Choose mealtimes and lengths of each.
4. Identify a reward system your child would enjoy (sticker chart, filling a bucket, token system, etc.) even if that system is only praise from you ♥
5. Decide when they need to be up to begin their day and can be done with school.
6. Start making your schedule 😊



Part 2: Reading Resources

Alphabet and Letter Sounds

Aa Bb Cc Dd Ee
 Ff Gg Hh Ii Jj Kk
 Ll Mm Nn Oo Pp
 Qq Rr Ss Tt Uu
 Vv Ww Xx Yy Zz



Designed using resources from [Freepik.com](https://www.freepik.com)

Long Vowels



Designed using resources from [Freepik.com](https://www.freepik.com)

American Sign Language Fingerspelling Alphabet



Free Printables and More for K-12 Education

www.STUDENTHANDOUTS.com

El Alfabeto

a b c ch d e f g
 ah beh ceh cheh deh eh ef-eh heh
 h i j k l ll m n ñ o
 ach-eh ee hota kah el-eh eh-jeh em-eh en-eh en-yah oh
 p q r s t u v w x y z
 peh cuh er-e es-eh te ooh ve doob- eh-kis ee-gri- se-ta le-ooh eh-gah

American Sign Language Alphabet chart, numbers with tens frames and colors
<https://www.teacherspayteachers.com/Product/ASL-American-Sign-Language-Alphabet-Number-and-Color-Poster-Bundle-FREE-5249080?st=b4494bdf00c324f2bb81e-102048fa933> free download resource on TpT

Reading Academic Vocabulary

Author- Writes the story

Illustrator- Draws the pictures

Beginning- The start of the story (who, when and where)

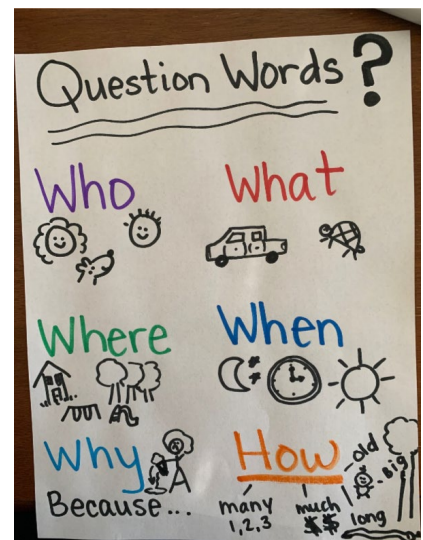
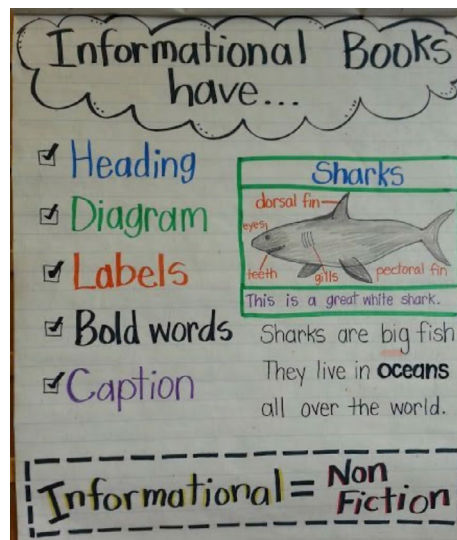
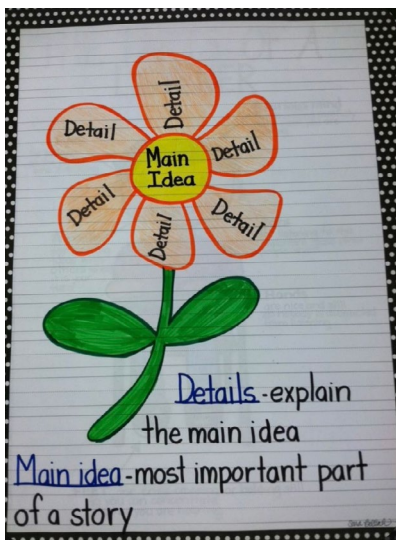
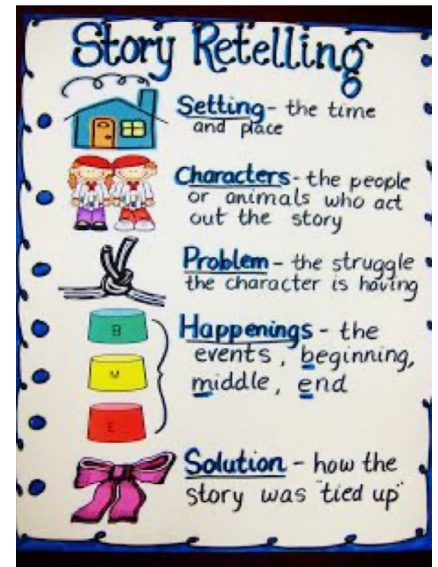
Middle- The middle of the story (what happened to the characters? The problem)

End- The end of the story (How did the story finish? How did the characters solve the problem?)

Key details- What is the story mostly about? Who is in the story? Where does the story take place? (The W's Who (person/animal character), what (what happened, problem), where (setting where the story took place), when (time of day, season that the story took place), why (why did the character do or not do something, why did the problem happen), how (how the problem solved)

Non-Fiction- gives information about any topic or event, real-life people, animals, events, and things

Fiction- imaginary, not real-life characters or events



Kindergarten Sight Words:

Introduced by frequency in text (Richardson, 2009)

Am	And	Are	All
At	Do	Come	Down
Can	Got	Did	Saw
Go	Had	For	They
Is	Has	Get	This
Me	He	Have	Was
My	His	Here	Went
See	In	Him	What
The	It	Of	When
To	Like	Play	With
Up	Look	Said	
We	On	She	
		Will	
		You	

Books to Read:

(It is recommended children in Pre-K to Kindergarten spend at least 10-15 minutes reading or being read to each day! It is recommended first graders read or be read to at least 20 minutes each day).

<p>Easy Readers (DRA Levels A-C):</p> <ul style="list-style-type: none"> + Ball by Mary Sullivan + Hug by Jez Alborough + Orange Pear Apple Bear by Emily Gravett + Stop Pop Flip a Word + Up! Tall! And High! by Ethan Long + Cat the Cat Who is That? by Mo Willems + I Can Read! Biscuit by Alyssa Satin Capucilli 	<p>Diverse Early Readers</p> <ul style="list-style-type: none"> + Don't Throw it to Mo! by David A. Adler + Want to Play? by Paula Yoo + Ling & Ting Together in All Weather by Grace Lin + Luke on the Loose by Harry Bliss + Katie Fry Private Eye by Katherine Cox + My Robot by Eve Bunting + Sam & Charlie Series by Leslie Kimmelman + The Pizza That We Made by Joan Holub
<p>Books for Leaders</p> <ul style="list-style-type: none"> + Be Kind by Pat Zietlow Miller + I Am Enough by Grace Byers + Teach Your Dragon About Diversity by Steve Herman + Listening With My Heart by Gabi Garcia + I Can Do Hard Things Mindful Affirmations for Kids by Gabi Garcia + The Name Jar by Yangsook Choi + The Boy With Big, Big Feelings by Britney Winn Lee + Your Name Is a Song by Jamilah Thompkins-Bigelow 	<p>Early Childhood Favorites</p> <ul style="list-style-type: none"> + Then Hungry Caterpillar by Eric Carle + Eric Carle Collection of books + The Tiny Seed by Eric Carle + The Three Little Pigs by John Duncan + Harold's Purple Crayon + Dr. Seuss Collection of books

Part 3: Math Resources



Number Chart

100 Chart

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Count by 10's Chart

10
20
30
40
50
60
70
80
90
100

Math Academic Vocabulary

Addition/add/plus- put together, count all together

Sum- the answer or solution of an addition problem

Subtraction/Subtract/minus- take away part, count what's left over

Difference- the answer of a subtraction problem

Equal- total amount, answer of combination, amount left over, in all

2D shapes (2 Dimensional)- flat shapes, have only sides and corners (vertices),

3D shapes (3 Dimensional)- solid shapes, have edges, corners (vertices) and faces, composed of 2D shapes

Faces- a 2d shape that makes up one part of a 3D shape

Sides- a straight line on the outside of a 2D shape

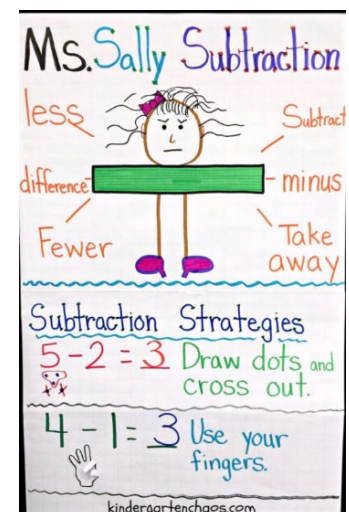
Vertex (Vertices)- corners on a 2D or 3D shape

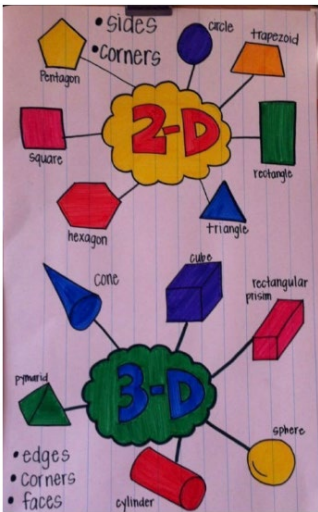
Compare- how are two objects different or similar or the same

Greater than/more - the number represents more in quantity/amount, bigger in size/amount

Solution- answer to either an addition or subtraction problem

Attributes- what you see that always stays the same. How you describe each shape.





Less than/Less- the number represents less in quantity/amount, smaller in size/amount

Same/equal - the number represents the same quantity/amount

Pattern- a repeating set of numbers, objects, colors or shapes

Expression- an addition or subtraction problem that represents a problem but does not yet have the equal sign or sum/difference (3+2)

Equation- a solved addition or subtraction problem that represents a problem, has an equal sign and sum/difference (3+2=5)



Part 4: Brain Break Ideas

- | | | |
|------------------------|---------------------|-------------------|
| + Playdough* | + Sensory activity* | + Running outside |
| + Pretend play | + Singing songs | + Bubble play |
| + Blocks/Legos | + Dancing | + Chalk drawing |
| + Puppets with stories | + GoNoodle* | + Cooking |
| + Arts & crafts* | + Trampoline play | + Games* |



- * You can make homemade playdough and use tools to work on fine motor skills like cutting, pinching, and grip strength
- * You can do cutting, pasting, painting, coloring, collaging, sculpting, anything to make creative expression
- * GoNoodle is an online gross motor website – there are many if you search for indoor gross motor online activities for kids
- * Games like board games, card games, memory games, hide 'n' seek and pretend play help with creativity, stress relief and building relationships with your little one(s)
- * Sensory ideas may include:
 - + Making a mini sensory bin with a plastic shoe box and adding in things like sand, water, rice, pasta, beans, etc. and putting different objects in to search for, scoop, pour, open and close, match and sort
 - + Making a sensory bag with hair gel and glitter for practicing writing and letters
 - + Making a sensory bottle with pasta, rice, beans, objects, water, glitter, oil, and even leaves and sticks and pebbles

- + Making a sensory book with different textured items like bubble wrap, play feathers, sandpaper, buttons, pom poms, etc.
- + Exploring their 5 senses through blind taste tests, smell tests and touch tests, going on a listening walk for different things and playing "I Spy" in the house or community

Resource for more detailed supports for At-Home Learning at
www.drjeanandfriends.blogspot.com



Part 5: Additional Resources



COVID-19 Related Contacts

1. **COVID-19 School Re-entry Resources and Updates:** <https://web-new.ped.state.nm.us/reentry-district-and-school-guidance/>
2. **COVID-19 Updates and Resources from the NM Department of Health:** <https://cv.nmhealth.org/>
3. **Information for support with jobs, food, childcare and more:** <https://www.newmexico.gov/i-need-assistance/>

Mental Health Supports

1. **NM Crisis and Access line:** Call toll free anytime 24/7/365 1-855-NMCRISIS (662-7474) <https://www.nmcrisisline.com/>
2. **Frequently asked questions about mental health and list of resources:** <https://www.nmhealth.org/about/erd/ibeb/mhp/>

Free Educational Websites

1. **PBS Kids-** "Educational games and videos from Curious George, Wild Kratts, and others." (pbskids.org)
2. **Starfall-** "...specializing in reading, phonics & math - educational games, movies, books, songs and more for children K-3." (www.starfall.com)
3. **Cool Math-** "...free online cool math lessons, cool math games and fun math activities." (www.coolmath.com)
4. **National Geographic Kids-** Videos, games, animals and more. (<https://kids.nationalgeographic.com>)

Thank you to our Teach Plus Teachers for helping to share their expertise and organize information to develop this resource for students across the state of New Mexico.